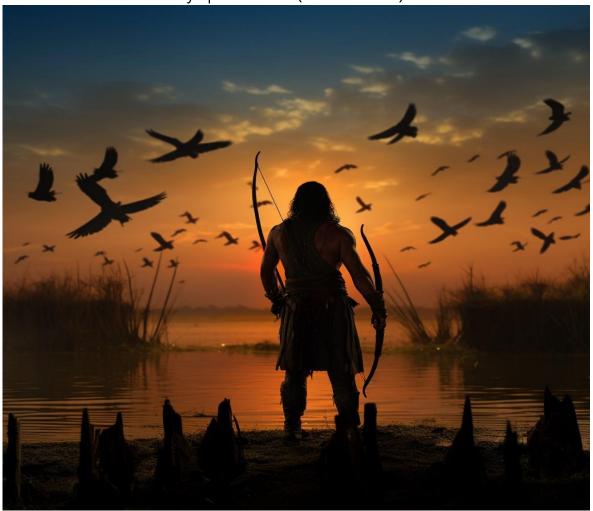
# 2023 Symbol of Life Seminar: The next 4 Labors (#5-#8) of the Hercules Practice Request the 16 seminar videos

## 2023 Seminar outline

Labor 5 Hercules Kills the Stymphalian Birds (evil elementals)



#### 4 One Hour + Sessions:

- System Overview & Meditation
- First Labors #1 #4 of Hercules: Brief Review with Meditation
  - o Lion of Anger
  - o Hydra of Desires
  - o Wild Boar of Unbridled Bodily Appetites
  - o Wild Dear of Uncontrolled the Personality's Emotions & Thoughts
- Elementals 3.0 with Meditation
- Stymphalian Birds: labor: Teachings, Practice with Mediation

Labor 6 Hercules Cleaning the Stables of Augeas (energy centers)



## 4 One Hour + Sessions:

- Etheric Energy and how to use it to help ourselves & others Mediation.
- Etheric Centers their functions, purpose with Mediation
- Contamination & Interference with Mediation
- Cleaning the Stables Labor with Meditation

Labor 7 Hercules Capturing the Mad Cretan Bull (personality in confusion)



## 4 One Hour + Sessions:

- Cretan Bull Labor: teachings, practice & Meditation
- A Journey Out and In with Meditation
- Mastering Time & Place Circumstances with Meditation
- Our movement through the Circles of Consciousness with Meditation

Labor 4: Hercules Capturing the Flesh-Eating Mares of Diomedes (destructive elementals)



## 4 One Hour+ Sessions:

- Flesh Eating Mares Labor: teachings, practice & Meditation
- Symbol of Life overview: paths and centers with Meditation
- Crucifixions and Baptisms & Meditation with Meditation
- Revelations: These are The Days of Elijah with Meditation

## request the 16 seminar videos

Lessons by Daniel Meditations by Aki

